

Curriculum Vitae for Dr. Shekhar Agarwal

M.B.B.S., M.S. Orth (Delhi), M.Ch.Orth (Liverpool), F.I.C.S, F.I.M.S.A.

Designation

- Vice President & Executive Director, Sant Parmanand Hospital, Delhi
- Chief Orthopedic & Joint Replacement Surgeon, Delhi Institute of Trauma & Orthopedics at Sant Parmanand Hospital
- Visiting Professor of Orthopedic Surgery at The Tamil Nadu Dr.MGR Medical University
- Founder Member and Scientific Chairman, Indian Society of Hip and Knee Surgeons (ISHKS)
- Past President, Delhi Orthopedic Association (DOA)

Achievements in the Field of Medicine

As a Professional

- Eminent in the field of Knee and Hip Replacement, Dr. Shekhar Agarwal performs over 1,500 operations every year
- Dedicated 34 years to active academic and clinical orthopedic practice treating patients for complex fractures, arthroscopy, corrective surgery for Polio and Cerebral Palsy and knee and hip replacement surgery
- Has worked for 7 years in England with Teaching Hospitals of Liverpool as well as the world famous Wrightington Hip Center
- Previously Senior Consultant at Apollo Hospital, Northern Railway Hospital and Jaipur Golden Hospital amongst others
- Currently, Chairman and Head of Department of Delhi Institute of Trauma & Orthopedics and Executive Director & Vice President of Sant Parmanand Hospital

As a Missionary

- Built Sant Parmanand Hospital in 1997 as a Multi Super-Specialty Charity Hospital with a goal to provide quality medical care to all on a “No profit No loss” basis. This multi-crore project was financed entirely through individual donations
- Has managed the administration of the Hospital for the last 15 years free of cost
- Sant Parmanand Hospital is an example of a Public Private Partnership. It collaborates with the Government to fight blindness and eradicate Polio by holding free eye and Polio camps. 150 camps have been organized through his efforts
- As a true service to society, 15 lakh patients have been treated free of cost in OPDs and Casualty over the past 15 years at Sant Parmanand Hospital

- Dr. Shekhar is responsible for organizing over 15,000 free eye surgeries along with over 4,000 other general surgeries
- Cash concessions of approximately Rs. 15 Crores have been given to the needy over the last 15 years at Sant Parmanand Hospital
- He has collaborated with a US based NGO called “Smile Train” so that children with Cleft Lip and Cleft Palate can be treated for free. Over 1,000 operations have been performed at Sant Parmanand Hospital
- He performs free corrective surgery for Polio in the remote areas of India
- Dr. Shekhar Agarwal Foundation, his initiative for doing charity at an individual level, was created in 2009

As an Educationist

- Founded The Delhi Institute of Trauma & Orthopedics (DITO) in 1997, an academic institution providing Teaching and Residency to medical students. Dr. Shekhar Agarwal has trained over 50 Orthopedic surgeons
- Visiting Professor of Orthopedic Surgery at The Tamil Nadu Dr. MGR Medical University
- Accredited Post Graduate Teacher of Orthopedic Surgery by the National Board of Examinations
- Is a renowned faculty for Orthopedics worldwide and has delivered more than 200 lectures in India and abroad
- Conducts workshops and live surgical demonstrations of knee and hip replacement surgery at national and international meetings
- Participates as an Expert in Mass Public Awareness and Education Programs through Akashvani, Television and Newspaper on subjects such as Joint Replacement Surgery, Back ache, Arthritis and Sports Medicine
- Published Patient Educational Booklets to prepare patients for knee and hip surgery and arthroscopy

As a Researcher

- Published 43 articles in peer reviewed national and international medical journals. Notable articles include:
 - “Tendinitis and tendon ruptures in Renal Transplant Recipients”, *Clinical Orthopaedics and Related Research*, March 1990
 - “Total Hip Arthroplasty Following Failed Fixation of Proximal Hip Fractures”, *Indian Journal of Orthopaedics*, July – September 2008
 - “Use of locking compression plates for long bone nonunions without removing existing intramedullary nail: review of literature and our experience”, *Journal of Trauma*, August 2008
- Supervisor of thesis research conducted by students undergoing orthopedic training

Awards & Distinctions

- Vishisht Chikitsa Ratan Award on Doctors Day 2012 by the Lt. Governor of Delhi
- Proxime Accessit Award for the M.Ch.(Orth) Thesis from the University of Liverpool, UK, 1985 on “Renal Transplantation and Locomotor Disease” – Published in Clinical Orthopedics and Related Research from USA
- Xavier Gold Medal – 1969; highest award from school for outstanding performance, academic excellence, leadership, and integrity of character and conduct
- Matre Shri Award in 2003
- Life Time Achievement Award at the Golden Jubilee Celebrations of St.Xaviers School in 2009 for Creative Approach in his profession and dedication and service to humanity

Education & Qualifications

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| MBBS | Maulana Azad Medical College | Univ. of Delhi | 1975 |
| DA | Diploma Anaesthesia | Univ. of Delhi | 1978 |
| M.S. (Orthopedics) | Masters in Orthopedics | Univ. of Delhi | 1981 |
| M.Ch. (Orthopedics) | Masters in Orthopedics | Univ. of Liverpool, UK | 1985 |
| F.I.C.S | Fellow, International College of Surgeons | USA | 1988 |
| F.I.M.S.A. | Fellow, Indian Medical Sciences Academy | India | 1993 |

Memberships of Associations

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| Delhi Orthopaedic Association | General Medical Council, London |
| Indian Orthopaedic Association | Association of Spine Surgeons of India |
| Delhi Medical Association | Indian Rheumatism Society |
| Indian Medical Association | Indian Arthroplasty Association |
| Indian Society of Hip & Knee Surgeons | Roshnara Club |

Dr. SHEKHAR AGARWAL

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