

Curriculum Vitae for Dr. Shekhar Agarwal

M.B.B.S., M.S. Orth (Delhi), M.Ch.Orth (Liverpool), F.I.C.S, F.I.M.S.A.

Designation

- Vice President & Executive Director, Sant Parmanand Hospital, Delhi
- Chief Orthopedic & Joint Replacement Surgeon, Delhi Institute of Trauma & Orthopedics at Sant Parmanand Hospital
- Visiting Professor of Orthopedic Surgery at The Tamil Nadu Dr.MGR Medical University
- Founder Member and Scientific Chairman, Indian Society of Hip and Knee Surgeons (ISHKS)
- Past President, Delhi Orthopedic Association (DOA)

Achievements in the Field of Medicine

As a Professional

- Eminent in the field of Knee and Hip Replacement, Dr. Shekhar Agarwal performs over 1,500 operations every year
- Dedicated 34 years to active academic and clinical orthopedic practice treating patients for complex fractures, arthroscopy, corrective surgery for Polio and Cerebral Palsy and knee and hip replacement surgery
- Has worked for 7 years in England with Teaching Hospitals of Liverpool as well as the world famous Wrightington Hip Center
- Previously Senior Consultant at Apollo Hospital, Northern Railway Hospital and Jaipur Golden Hospital amongst others
- Currently, Chairman and Head of Department of Delhi Institute of Trauma & Orthopedics and Executive Director & Vice President of Sant Parmanand Hospital

As a Missionary

- Built Sant Parmanand Hospital in 1997 as a Multi Super-Specialty Charity Hospital with a goal to provide quality medical care to all on a “No profit No loss” basis. This multi-crore project was financed entirely through individual donations
- Has managed the administration of the Hospital for the last 15 years free of cost
- Sant Parmanand Hospital is an example of a Public Private Partnership. It collaborates with the Government to fight blindness and eradicate Polio by holding free eye and Polio camps. 150 camps have been organized through his efforts
- As a true service to society, 15 lakh patients have been treated free of cost in OPDs and Casualty over the past 15 years at Sant Parmanand Hospital

- Dr. Shekhar is responsible for organizing over 15,000 free eye surgeries along with over 4,000 other general surgeries
- Cash concessions of approximately Rs. 15 Crores have been given to the needy over the last 15 years at Sant Parmanand Hospital
- He has collaborated with a US based NGO called “Smile Train” so that children with Cleft Lip and Cleft Palate can be treated for free. Over 1,000 operations have been performed at Sant Parmanand Hospital
- He performs free corrective surgery for Polio in the remote areas of India
- Dr. Shekhar Agarwal Foundation, his initiative for doing charity at an individual level, was created in 2009

As an Educationist

- Founded The Delhi Institute of Trauma & Orthopedics (DITO) in 1997, an academic institution providing Teaching and Residency to medical students. Dr. Shekhar Agarwal has trained over 50 Orthopedic surgeons
- Visiting Professor of Orthopedic Surgery at The Tamil Nadu Dr. MGR Medical University
- Accredited Post Graduate Teacher of Orthopedic Surgery by the National Board of Examinations
- Is a renowned faculty for Orthopedics worldwide and has delivered more than 200 lectures in India and abroad
- Conducts workshops and live surgical demonstrations of knee and hip replacement surgery at national and international meetings
- Participates as an Expert in Mass Public Awareness and Education Programs through Akashvani, Television and Newspaper on subjects such as Joint Replacement Surgery, Back ache, Arthritis and Sports Medicine
- Published Patient Educational Booklets to prepare patients for knee and hip surgery and arthroscopy

As a Researcher

- Published 43 articles in peer reviewed national and international medical journals. Notable articles include:
 - “Tendinitis and tendon ruptures in Renal Transplant Recipients”, *Clinical Orthopaedics and Related Research*, March 1990
 - “Total Hip Arthroplasty Following Failed Fixation of Proximal Hip Fractures”, *Indian Journal of Orthopaedics*, July – September 2008
 - “Use of locking compression plates for long bone nonunions without removing existing intramedullary nail: review of literature and our experience”, *Journal of Trauma*, August 2008
- Supervisor of thesis research conducted by students undergoing orthopedic training

Awards & Distinctions

- Vishisht Chikitsa Ratan Award on Doctors Day 2012 by the Lt. Governor of Delhi
- Proxime Accessit Award for the M.Ch.(Orth) Thesis from the University of Liverpool, UK, 1985 on “Renal Transplantation and Locomotor Disease” – Published in Clinical Orthopedics and Related Research from USA
- Xavier Gold Medal – 1969; highest award from school for outstanding performance, academic excellence, leadership, and integrity of character and conduct
- Matre Shri Award in 2003
- Life Time Achievement Award at the Golden Jubilee Celebrations of St.Xaviers School in 2009 for Creative Approach in his profession and dedication and service to humanity

Education & Qualifications

MBBS	Maulana Azad Medical College	Univ. of Delhi	1975
DA	Diploma Anaesthesia	Univ. of Delhi	1978
M.S. (Orthopedics)	Masters in Orthopedics	Univ. of Delhi	1981
M.Ch. (Orthopedics)	Masters in Orthopedics	Univ. of Liverpool, UK	1985
F.I.C.S	Fellow, International College of Surgeons	USA	1988
F.I.M.S.A.	Fellow, Indian Medical Sciences Academy	India	1993

Memberships of Associations

Delhi Orthopaedic Association	General Medical Council, London
Indian Orthopaedic Association	Association of Spine Surgeons of India
Delhi Medical Association	Indian Rheumatism Society
Indian Medical Association	Indian Arthroplasty Association
Indian Society of Hip & Knee Surgeons	Roshnara Club

Dr. SHEKHAR AGARWAL

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